Our Aims:

- To increase awareness of Dupuytren's, Ledderhose, Peyronie's and Frozen Shoulder
- To support patients
- To provide information on all possible treatment options.
- To stimulate research into causes and treatments.

The Charity:

We are registered as foundation CIO with the Charity Commission under number 1176333.

We always need volunteers, patients or health professionals. You could help with the website, fundraising, social media or liaising with medical professionals. If you think you could contribute please do get in touch.

Contact Us

Email

Private Facebook Group

Our Patient Trustees

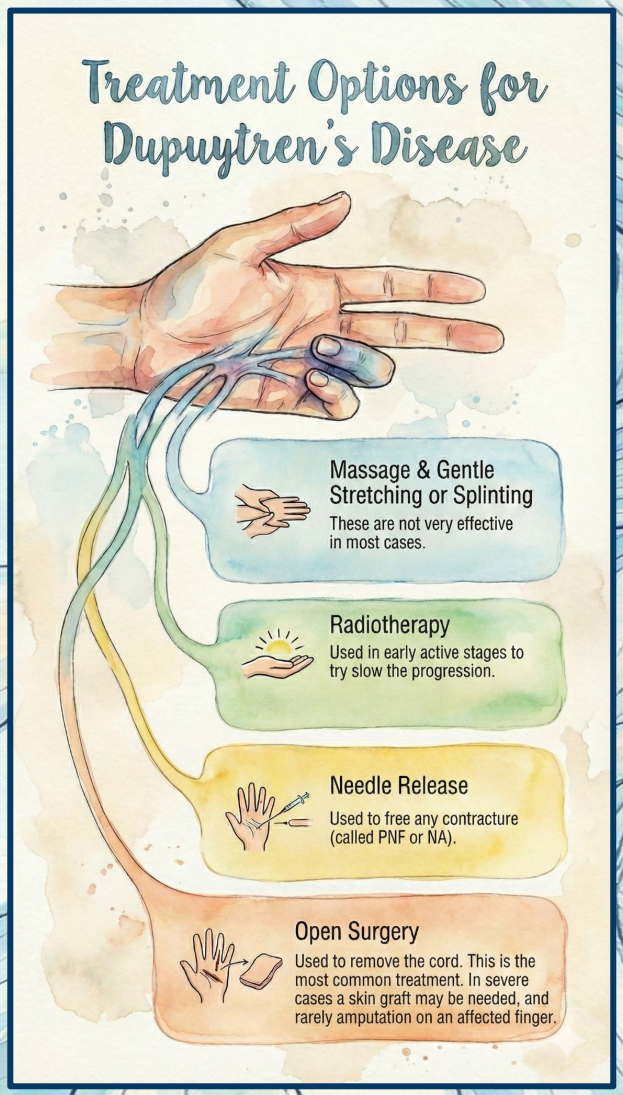
Anna
became involved with the BDS in 2011 becoming chair in 2014. She has Dupuytren's and Ledderhose disease.

Gary
has Ledderhose disease and had radiotherapy in 2012 when he became involved with the charity through his blog on the condition.

British Dupuytren's Society

Dupuytren's Disease

Often starts with lumps or pits in the hand palm (sometimes lumps on the fingers), and tends to slowly progress to forming cords that then start to contract, pulling the fingers into the palm. Sometimes lumps can form on the knuckles of the fingers. The rate of progression is unpredictable.



Ledderhose Disease

Sometimes called Dupuytren's of the foot or Plantar Fibromatosis. Patients get nodules, usually under the inside part of the foot arch, that can be quite painful. Contractures are not normally seen.

Frozen Shoulder

Frozen Shoulder is a very painful condition where the shoulder joint seizes up, without any trauma triggering the condition.

Treatments

- Exercises and physiotherapy
- Steroid injection can reduce the pain and inflammation
- An injection with fluids into the joint to stretch the capsule
- Manipulation under anaesthetic is needed for some cases.

Peyronie's Disease

Named after the first surgeon to describe it, Peyronie's disease affects men only. It is a condition where a plaque of scar like tissue forms in the penis, causing pain, sometimes deformity and a curve during erection, and functional problems.

Treatments

- In mild cases monitor only
- Traction devices
- Injections and creams
- Surgery in severe cases once the disease is stable

More information on all the conditions is available on our website. Use QR code or visit: https://dupuytrens-society.org.uk/